Sun Mountain Ranch Club Firewise Committee





WILDFIRES

Next Yard Waste Day June 3 only No June 4

According to the national Firewise Communities program, each year, wildland fires threaten hundreds of homes, causing millions of dollars in damage. Areas with an abundance of flammable vegetation and periods of dry, hot, windy weather are particularly vulnerable to wildfires.

Before

- Maintain a Firewise landscape around your home, with nonflammable landscaping materials within 5 feet of the house, and healthy, well-irrigated, wellspaced plants and trees in the area extending 100-200 feet from your home.
- Make sure your roof is made of fire-resistant material. Choose fire-resistant materials for your siding, deck, and porch.
- Sweep gutters, roofs, and eaves regularly.
 Remove dead branches around chimneys. If fire is approaching, remove combustible materials, including wood piles, lawn furniture, doormats, barbecue grills, and tarps, from around your home.
- Evacuate before the fire approaches your home.
 Back your car into the driveway and roll up the windows to allow for a quicker getaway. Plan to bring your valuables and your pets.
- Close and protect your home's openings, including attic and basement doors and vents, windows, doors, and pet doors. Remove flammable drapes and curtains and close all shutters, blinds, or heavy non-combustible drapes. Do not lock the doors and windows in case firefighters have to make a quick entry to fight the flames.
- Close all the interior doors in your home and the fireplace screen. Open the fireplace damper.
- Shut off any natural gas, propane, or fuel oil supplies at the source.
- Connect garden hoses and fill any pools, hot tubs, garbage cans, tubs, or other large containers with water.
- Place a ladder against the house in clear view.
- Disconnect garage door openers so the doors will open if there is no power.
- Turn on the outside lights and at least one light in each room to make your house more visible in heavy smoke.

During

 If you are in your car as the fire approaches, roll up the windows and close the air vents. Drive slowly with your headlights on. Watch for other vehicles and pedestrians. Do not drive through heavy smoke.



If you have to stop, park away from the heaviest trees and brush. Turn on the headlights and turn off the ignition. Keep the windows up and the vents closed. Get on the floor and cover up with a blanket or a coat.

- If you are in a building as the fire front approaches, stay inside. The fire will pass before the home burns down
- If you are outside as the fire approaches, look for an area where vegetation or other fuel for the fire is sparse. On a steep mountainside, the back side is safer. Avoid canyons, natural chimneys, and saddles. If a road is nearby, lie face down along the road cut or in a ditch on the uphill side. Cover yourself with anything that will shield you from the fire's intense heat. If you are in a wooded area, seek a depression with sparse fuel. Clear fuel away from the area while the fire is approaching and then lie face down in the depression and cover yourself. Stay down until the fire passes.

After

- Do not return to your home until authorities say it is safe. If you are at home or able to return to your home, check the roof immediately and put out any roof fires, sparks, or embers. Check the attic for hidden burning sparks.
- Use the water in your pool or tubs. If your power is out, try connecting hoses to the outlet on your water heater.
- Maintain a fire watch for several hours after the fire.
 Re-check for smoke and sparks throughout the home.



EMERGENCY PREPAREDNESS

for Older Adults

Each person's needs and abilities are unique, but with careful planning anyone can prepare for an emergency. A disaster can occur anytime, anywhere, and without warning. Think about how a disaster might affect your individual needs.

Have a Plan

- Plan to make it on your own for at least seven days. You may not have access to a medical facility, pharmacy, or grocery store.
- Think about the resources you use daily and what you would do if they were not available.
- Create your emergency supplies kit.
- Identify local shelters or consider friends and family outside your immediate area with whom you could stay.
- If you have a pet, find out if local shelters or family are willing to accept the pet. If not, plan what you would do with the pet if you need to evacuate.

Create a Support Network

- Talk to family, friends, and others who may be able to help.
- Neighbors helping neighbors is important in an emergency. Make sure you know your neighbors. Introduce yourself and let them know any specific needs you may have.
- Share your emergency plan with everyone in your support network.
- Make sure everyone knows your evacuation plan and where you will go during a disaster.
- Practice your plan with those who have agreed to help you.
- Give an extra key to your home to someone in your support network.

Medications and Medical Supplies

- Make sure medical equipment, such as a cane or wheelchair, is clearly labeled with your name and contact information.
- Keep a list of your medications, dosage, physician, and pharmacy information.

- Be sure to include your eyeglasses, hearing aid and batteries, wheelchair batteries, and oxygen in your emergency supplies kit.
- If you use a battery-powered wheelchair, consider keeping your old un-powered chair for emergency use.

Keep Important Documents Together

- Include copies of important documents in your emergency supplies kit, such as medical records, wills, deeds, social security number, charge and bank account information, and tax records. Keep this information in a place that is secure, yet readily accessible if you need to get it in a hurry.
- Have copies of your medical insurance and Medicare cards available. Include a list of emergency contact numbers.
- If you have any disabilities, especially communication issues, be sure to include a list of them in you emergency information.

 Keep the important documents in a waterproof container.

